



# Orgran Ingredients Listing

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- Supergrains
- Essential Fibre
- Gluten Free
- Premium
- Kid's
- Good for you

PRODUCT NAME	INGREDIENTS
<b>GOOD FOR YOU</b>	
Orgran Corn & Rice Linguine	Maize Meal (80%), Rice (20%), Monoglyceride from vegetables
Orgran Corn & Rice Spaghetti	Maize Meal (80%), Rice (20%), Monoglyceride from vegetables
Orgran Corn Spirals	Maize meal (80%), Rice
Orgran Vegetable Rice Spirals	Brown Rice (99%), Vegetables (Spinach, Beetroot) (1%)
Orgran Vegetable Rice Penne	Brown Rice (99%), Vegetables (Spinach, Beetroot) (1%)
Orgran Corn & Vegetable Shells	Maize meal (79.1%), Rice, (Spinach, Beetroot, Onion) (1.2%)
Orgran Corn & Vegetable Spirals	Maize meal (82.3%), Rice, (Spinach, Beetroot) (5.7%), Water Added
Orgran Rice & Corn Risoni Garlic & Herb	Rice Flour (86.0%), Maize flour (8.5%), Spinach, Beetroot, Emulsifier: Monoglyceride from vegetable, Garlic (0.5%), Basil (0.5%)
Orgran Rice & Corn Spirals	Rice (87.7%), Maize meal (12.3%)
Orgran Rice & Corn Macaroni	Rice (87.7%), Maize meal (12.3%)
Orgran Rice & Corn Tortelli	Rice (87.7%), Maize meal (12.3%)
Orgran Rice & Corn Penne	Rice (87.7%), Maize meal (12.3%)
Orgran Rice & Corn Mini Lasagne	Rice (91%), Maize meal (9%), Water Added
Orgran Rice & Corn Spaghetti Noodles	Rice (87.7%), Maize meal (12.3%)
Orgran Rice & Millet Spirals	Brown Rice (94.5%), Stoneground Millet (5.5%)
Orgran Buckwheat Spirals	Buckwheat flour (80%), Rice Flour
Orgran Gourmet Rice Spiral	Brown Rice (100%), Water Added
Orgran Corn Crispbread	Maize (74%), Rice, Salt, Emulsifier: monoglyceride from vegetable
Orgran Toasted Corn Dippers Original	Maize meal (98.6%), Salt
Orgran Buckwheat Crispbread	Buckwheat (68%), Rice, Salt
Orgran Crispibites Original	Maize meal (98.6%), salt
Orgran Custard Powder	Maize starch, Natural Vanilla Flavour, Salt, Natural Colour: Beta Carotene
Orgran All Purpose Rice Crumbs	100% Natural Baked Brown Rice
Orgran Corn Crispy Crumbs	100% Baked Maize
Orgran Classic Choc Cookie	Maize starch, palm vegetable oil, raw sugar, rice flour, maize flour, brown rice syrup, pea flour, cocoa powder (5%), raising agent: sodium bicarbonate, mono calcium phosphate, emulsifier: Monoglycerides from vegetable, salt.
* Orgran Falafel Mix	Yellow Peas, Onion, Parsley, Garlic, Salt, Turmeric, Traditional Herbs & Spices, Mustard, Sodium Bicarbonate
Orgran Buckwheat Pancake Mix	Stone Milled Buckwheat (49.7%), Rice flour, Maize starch, Tapioca, Raising agents: Monocalcium Phosphate, Bicarbonate of Soda
Orgran Apple & Cinnamon Pancake Mix	Maize Starch, Fructose, Sorghum, Dried Apple (3%) [Sulphur Dioxide], Maize flour, Raising Agents: monocalcium phosphate, sodium bicarbonate, cinnamon (0.8%), yellow pea flour, stabilizer: guar gum, natural apple flavour.
Orgran Gravy Mix	Maize Starch, Salt, Vegetable Protein extract from corn, Onion, Natural Caramel Colour, Emulsifier:Vegetable Derived Monoglycerides
Orgran Fruit Filled Apricot Bar	Apricot (24%), Sultanas, Dates, Milled Corn, Milled Chickpea, Tapioca, Brown Rice Syrup, Fruit Concentrate, Inulin, Fructose, Canola Oil, Milled Rice, Natural Flavour, RaisingAgent:Sodium Bicarbonate *Apricots contain sulphur dioxide to retain natural colour. May contain traces of nuts or soy

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Orgran Fruit Filled Blueberry Bar	Sultanas, Dates, Milled ChickPea, Milled Corn, Tapioca, Brown Rice Syrup, Currants, Blueberries (5%), Fruit Concentrate, Inulin, Fructose, Canola Oil, Milled Rice, Natural Flavour, RaisingAgent:Sodium Bicarbonate *May contain traces of nuts or soy
Orgran Fruit Bars	Dried Fruits (apricots, pears, peaches, sultanas) (67%), SoyFlour (GMO free), Coconut, Fructose, Apple Juice, Natural Apricot Flavour *Some fruit contain sulphur dioxide to maintain natural colour
Orgran Wild Raspberry Fruit Filled Biscuits	Sultanas (38.5%) (raisins), Chick pea flour, Tapioca flour, Vegetable palm oil, Caster sugar, Golden syrup (sugar syrup), Raspberries (1.5%), Natural Flavours, Natural colour, Xanthan Gum, Raising agent – Sodium bicarbonate, Antioxidant – Vit. E *May contain traces of nuts, peanuts or soy
Orgran Amaretti Biscotti Biscuits	Maize starch, Water, Raw sugar, Palm Vegetable Oil, Rice flour, Coconut Desiccated*, Brown Rice Syrup, Pea flour, Emulsifier:Monoglycerides from Vegetable, Natural Amaretto Flavour (0.4%), Sodium Bicarbonate, Salt, *Coconut may contain sulphur dioxide to maintain natural colour
Orgran Classic Choc Biscotti Biscuits	Maize starch, raw sugar, palm vegetable oil, brown rice flour, coconut desiccated (sulphur dioxide), pea flour, cocoa (3%), brown rice syrup, Psyllium, vegetable gum: guar, raising agents: sodium bicarbonate, calcium carbonate, salt, Emulsifier: Monoglycerides from vegetable, natural vanilla flavour
Orgran Canned Spaghetti in Tomato Sauce	Pasta (Stone milled Rice, Yellow Split Peas) (34%), Water, Tomato Puree (15%), Pear Juice Concentrate, Thickener: Modified Maize starch, Salt, Rapeseed Oil (GMO Free), Herbs & Spices (Onion, Pimento, Cloves), Vegetable Gum: Xanthan
Orgran Canned Spirals in Tomato Sauce	Pasta (Stone milled Rice, Yellow Split Peas) (34%), Water, Tomato Puree (15%), Pear Juice Concentrate, Thickener: Modified Maize starch, Salt, Rapeseed Oil (GMO Free), Herbs & Spices (Onion, Pimento, Cloves), Vegetable Gum: Xanthan
Orgran Alternative Grain Canned Spaghetti Tomato & Basil	Pasta (stone milled rice, yellow split peas) (27% min.), water, tomato puree (15%), pear juice concentrate, onion, thickener(modified maize starch), salt, vegetable oil (canola, GMO free), herbs (including basil), flavour (onion, pimento, cloves), vegetable gum (xanthan), garlic, pepper.
Orgran Gluten Free Molasses Licorice	Molasses, Tapioca starch, Raw sugar, Soyflour (GMO Free), Corn Glucose, Natural caramel colour, Vegetable oil, (palm kernel), Licorice powder (0.5%), Vegetable gums:Xanthan, Guar, Aniseed oil, Ascorbic acid.
Orgran Garden Vegetable Soup for cup	Potato starch, Maltodextrin from Maize, Salt, Onion (4%), Garlic (2%), Chives (1%), Carrot (1%), Turmeric, Guar Gum, Cellulose Fibre, Herbs and Spices
Orgran Tomato Soup For Cup	Tomato Powder (37.5%), Potato starch, Fructose, Onion, Salt, Garlic, Beetroot, Cellulose Fibre, Thickener: Guar Gum, Turmeric Powder, Extracts of Herbs and Spices
Orgran Italian Style Spaghetti	Maize Starch (61%), Maize Flour, Potato Starch, Rice flour, Pea Flour, Monoglyceride from Vegetable
<b>SUPERGRAINS</b>	
Orgran Multigrain Pasta with Quinoa	Rice, Maize Meal, Quinoa Real (10%), Millet, Water added
Orgran Multigrain Pasta with Amaranth	Rice, Maize Meal, Amaranth (10%), Millet, Water added
Orgran 100% Amaranth Puffed Breakfast Cereal	Wholegrain puffed amaranth
Orgran Multigrain Breakfast O's with Quinoa	Brown Rice (70%), Yellow Pea (15%), Quinoa Real (10%), Brown Rice Syrup, Dextrose from Maize, Psyllium (2%), Pear Juice Concentrate, Calcium Carbonate (1%), Emulsifier: Monoglyceride from vegetable, Natural vanilla, Salt, Turmeric
Orgran Multigrain Crispbread with Quinoa	Brown rice, wholegrain sorghum, wholegrain quinoa (10%), Rice bran, salt

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<b>PREMIUM</b>	
Orgran Deli Crackers - Multigrain with Poppyseed	Brown Rice, Wholegrain Sorghum, Wholegrain Millet, Salt, Poppy seed 2%, Vegetable Protein Extract (maize), Calcium Carbonate, Natural Caramel Colour
Orgran Premium Shortbread Hearts	Maize starch, Palm vegetable oil, Sugar, Brown rice flour, Tapioca starch, Natural flavour, Salt, Vanilla, Beta carotene, Vegetable gums, Stabilizer: methylcellulose, guar
<b>GLUTEN FREE</b>	
Orgran No Egg (Egg Replacer mix)	Potato Starch, Tapioca flour, Vegetable Gum:Methylcellulose, Calcium Carbonate (Source of Calcium), Citric Acid
Orgran Gluten Free Gluten Replacer	Superfine Rice flour, Pea extract, Maize Starch, Vegetable Derived Gums and Cellulose:Guar Gum, Methylcellulose, Carboxymethylcellulose, Monoglyceride from vegetable
* Orgran Pizza & Pastry Multimix	Maize Starch, Potato Starch, Maize Flour, Raising agents: Glucono Delta Lactone, Sodium Bicarbonate, Pea Flour, Salt, Stabilisers: Xanthan Gum, Carboxymethylcellulose, Methylcellulose
* Orgran Easy Bake Bread Mix	Maize starch, Rice flour, Raising agents (Glucono Delta Lactone, Sodium Bicarbonate), Dextrose from maize, Emulsifier:Monodiglyceride from vegetable, Vegetable Gums (Carboxymethylcellulose, Guar gum, Methylcellulose), Sea Salt
* Orgran Alternative Grain Wholemeal Bread Mix	Maize Starch, Sorghum Stone milled (20%), Rice flour, Raising agents: Glucono Delta Lactone, Sodium Bicarbonate, Dextrose from maize, Psyllium (2%), Emulsifier: Monodiglyceride from vegetable. Vegetable gums: Carboxymethylcellulose, guar gum, methylcellulose. Natural caramel colour, sea salt
Orgran Self Raising Flour	Maize starch, Tapioca flour, Rice flour, Raising agents (Glucono Delta Lactone, Sodium Bicarbonate), Vegetable Gum:Guar gum
Orgran All Purpose Plain Flour	Maize starch, Tapioca flour, Rice flour, Vegetable Gum: Guar
Orgran Chocolate Muffin Mix	Raw sugar, rice flour, maize flour, maize starch, potato starch, pea flour, cocoa powder (5%), dextrose from maize, raising agents:sodium bicarbonate, Monocalcium phosphate, emulsifier:Monoglycerides from vegetable, natural vanilla flavour, salt, vegetable gums: Carboxymethylcellulose, carrageenan, guar gum.
Orgran Lemon Poppyseed Muffin Mix	Raw sugar, Rice flour, maize flour, Maize starch, Potato starch, Pea flour, Dextrose from maize, Raising agents: Sodium Bicarbonate, Monocalcium phosphate, Poppy seed (1.1%), Emulsifier: Monoglycerides from vegetable, Natural Lemon Flavour (0.6%), Salt, Vegetable gums: Carboxymethylcellulose, carrageenan, guar gum
Orgran Chocolate Mousse Mix	Dextrose, Tapioca Flour, Cocoa powder (10%), Maize Starch, Maltodextrin from Maize, Vegetable Gum: methylcellulose, Carboxymethylcellulose, Carrageenan, Locust Bean Gum, Emulsifier: Monoglyceride from vegetable, Salt, Natural Vanilla Flavour
Orgran Pasta & Sauce Tomato & Basil	Rice, Maize (69%), Maize starch, Onion, Tomato (4%), Dextrose, Vegetable protein (maize), Salt, Beetroot, Calcium carbonate, Parsley, Chives, Basil (0.2%), Citric acid.
Orgran Chocolate Cake Mix	Raw sugar, Rice flour, Maize starch, Potato starch, Maize flour, Cocoa powder (9%), Dextrose from maize, Raising agents:(Sodium Bicarbonate, Monocalcium Phosphate), Monoglyceride from vegetable, Salt, Natural Vanilla flavour, Vegetable gums:Carboxymethylcellulose, Carrageenan, Guar gum

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Orgran Vanilla Cake Mix	Raw sugar, Rice flour, Maize starch, Potato starch, Maize flour, Dextrose from maize, Raising agents:(Sodium Bicarbonate, Monocalcium Phosphate), Monoglycerides from vegetable, Salt, Natural Vanilla flavour (0.4%), Vegetable gums:Carboxymethylcellulose, Carrageenan, Guar gum
Orgran Cornbread & Muffin Mix	Maize meal (43%), raw sugar, maize starch, tapioca flour, dextrose from maize, raisingagents:monocalcium phosphate, sodium bicarbonate. Emulsifier:Monoglycerides from vegetable, salt, vegetable gums: carrageenan, guar gum, Carboxymethylcellulose.
Orgran All Purpose Pastry Mix	Maize starch, rice flour, tapioca flour, potato starch, rice bran, salt, yellow pea flour, vegetable gums:methylcellulose, Carboxymethylcellulose, guar gum, raising agent:calcium carbonate, emulsifier:Monoglyceride from vegetable.
Orgran Ready Meal Pasta - Vegetable Bolognese Spirals	Pasta (47%) [Water, Rice, Maize meal], tomato pulp (38%), water, onion, soy protein (2.6%), tomato paste, vegetable oil, salt, garlic, basil, thickener:modified tapioca starch, sodium bicarbonate, pepper, vegetable protein extract (maize) * Contain soy
Orgran Ready Meal Pasta - Tomato & Basil Spirals	Pasta (47%) [Water, Rice, Maize meal], tomato pulp (41%), water, onion, tomato paste, vegetable oil, salt, garlic, basil (0.5%), thickener:modified tapioca starch, sodium bicarbonate, pepper
<b>KID'S</b>	
Orgran Outback Animals - Chocolate Cookies	Maize starch, Raw sugar, Brown rice flour, Pea flour, Palm Vegetable Oil, Rice syrup, Cocoa powder (4%), Psyllium (2%), Raising agent: sodium bicarbonate. calcium carbonate, Emulsifier: Monoglycerides from vegetable, Vegetable gum: guar, salt, vanilla
Orgran Outback Animals - Cookies Vanilla	Maize starch, raw sugar, brown rice flour, palm vegetable oil, rice syrup, pea flour, Psyllium (2%), raising agent:sodium bicarbonate. Calcium carbonate (source of calcium), vegetable gum:guar gum. Emulsifier: Monoglycerides from vegetable, natural vanilla flavour (2%), salt.
Orgran Itsy Bitsy Bears - choc cookies	Maize starch, Brown rice flour, Raw sugar, Choc bits (14%) (sugar, palm vegetable oil, cocoa powder), Palm vegetable oil, Rice syrup, Pea flour, Psyllium, Raising agent: sodium bicarbonate, calcium carbonate (source of calcium), Vegetable gum: guar, Emulsifier: Monoglycerides from vegetable, Natural vanilla flavour, Salt
Orgran Mini Outback Animals Chocolate Cookies Multipack	Maize starch, Raw sugar, Brown rice flour, Pea flour, Palm Vegetable Oil, Rice syrup, Cocoa powder (4%), Psyllium (2%), Raising agent:sodium bicarbonate. calcium carbonate, Emulsifier:Monoglycerides from vegetable, Vegetable gum:guar, salt, natural vanilla flavour
Orgran Mini Outback Animals Vanilla Cookies Multipack	Maize starch, Raw sugar, Brown rice flour, Palm vegetable oil, Rice syrup, Pea flour, Psyllium (2%), Raising agent:sodium bicarbonate, Calcium carbonate, Vegetable gum:guar, Emulsifier:Monoglycerides from vegetable, Natural vanilla flavour (0.2%), salt
Orgran R & C Vege Pasta Animal Shapes	Rice (86%), Maize meal (8.3%), (Spinach, Beetroot) (5.7%), Water Added
Orgran Dinosaur wholefruit cookies – wildberry flavour	Currants (25%), Maize starch, Dextrose from maize, Brown rice flour, Pea flour, Vegetable oil (palm), Rice syrup, Psyllium (2%), Vegetable gum; guar, Natural berry flavour, Raising agents: bicarbonate soda, calcium carbonate (source of calcium), salt, Emulsifier: Monoglycerides from vegetable, beetroot

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<b>ESSENTIAL FIBRE</b>	
Orgran Essential Fibre Crispbread	Brown rice flour, Wholegrain sorghum, Psyllium (17%), Rice bran, Salt
Orgran Essential Fibre Spiral	Brown rice flour, Maize Meal, Resistant Maize Starch, Rice Bran, Psyllium
Orgran Essential Fibre Penne	Brown rice flour, Maize Meal, Resistant Maize Starch, Rice Bran, Psyllium
Orgran Essential Fibre Lasagnette	Brown rice flour, Maize Meal, Resistant Maize Starch, Rice Bran, Psyllium
Orgran Essential Fibre Rotondo Biscuits	Maize starch, Raw sugar, Brown rice flour, Rice Bran, Palm vegetable oil, Rice syrup, Resistant maize starch, Pea flour, Psyllium, Raising agent: sodium bicarbonate, calcium carbonate (source of calcium), Vegetable gum: guar, Emulsifier: Monoglycerides from vegetable, Natural vanilla flavour, Salt

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