

# Orgran Coeliac Prescription Supplies from

NATURALLYGOODFOOD



A great range of natural gluten free pasta, flour, bread mixes and crispbread

This leaflet may be useful when visiting your doctor or pharmacy.

There is no minimum order. All goods are sent out by First Class Post or Parcel Force 48hr Service with 24 hr and recorded delivery available on request.

Don't forget to ask for the Orgran Magazine with your order.

Prescription Orgran	size	Pip code	Order Quantity
Bread Mix	450g	273-4796	
Bread Mix Wholemeal	450g	329-9138	
Buckwheat Spirals	250g	288-1423	
Corn Crispbread Toasted	125g	351-3397	
Corn Spirals	250g	209-7590	
<i>Italian Style Spaghetti</i>	<i>220g</i>	<i>Discontinued try Rice and Corn Spaghetti</i>	
Rice and Corn Spaghetti	250g	355-3455	
Pizza and Pastry Mix	375g	270-7735	
Plain Flour	500g	288-1415	
Rice and Corn Lasagne	200g	270-7701	
Rice & Corn Macaroni (was RisOMais)	250g	273-4770	
Rice and Corn Spirals (was RisOMais)	250g	270-7669	
Rice and Millet Spirals	250g	200-4133	
Rice Spirals (used to be Organic Brown Rice)	250g	200-4281	
Self-raising Flour	500g	273-4762	
Spaghetti Noodles	375g	303-3750	
Xanthum Gum Allergycare	100g		
<b>Other Orgran</b>			
All Purpose Crumbs	300g	303-3768	
All Purpose Pastry Mix	375g	344-1250	
Biscotti Amaretti	150g	336-7158	
Biscotti Classic Choc	150g	336-7166	
Buckwheat Crispbread	125g	353-3882	
Essential Fibre Crispbread	125g	353-3890	
Multigrain Crispbread	125g	353-3874	
Cake Mix Chocolate	375g	339-6041	
Cake Mix Vanilla	375g	339-6025	
Chocolate Mousse Mix	120g	336-7182	
Classic Chocolate Cookie	50g	339-6215	
Corn and Vegetable Shells	250g	200-4273	
Corn and Vegetable Spirals	250g	200-4190	

Corn Cakes	150g	288-1357	
Corn Crispy Crumbs	300g	347-2727	
Cornbread Muffin Mix	375g	347-1638	
Crispibites Balsamic Herb	100g	344-1268	
Crispibites Onion and Chive	100g	344-1276	
Crispibites Original Lightly Salted	100g	344-1284	
Custard Mix	200g	336-6028	
Deli Crackers	100g	351-3546	
Dinosaur Wholefruit Cookies	175g	351-3488	
Essential Fibre Penne	250g	347-5415	
Essential Fibre Lasagnette	250g	355-3443	
Rice and Corn Linguine	250g	new	
Essential Fibre Spirals	250g	350-9023	
Falafel Mix	125g	303-3909	
Fancy Curls Organic	250g	289-0366 Discontinued try Rice and Corn spirals	
<i>Fruit filled Bar Apricot</i>	50g	303-3867 Discontinued try Wild Raspberry bars	
<i>Fruit filled Bar Blueberry</i>	50g	303-3883 Discontinued try Wild Raspberry bars	
<i>Garlic Parsley and Rice Shells</i>	250g	288-1365 Discontinued	
Gluten Free Gluten	120g	329-9153	
Gravy Mix	200g	288-1464	
Itsy Bitsy Bears	175g	347-1646	
Muffin Mix Chocolate	375g	339-6036	
Muffin Mix Lemon Poppyseed	375g	336-6044	
Multigrain O's	300g	351-3579	
Multigrain Penne with Quinoa	250g	344-1300	
Multigrain Spirals with Amaranth	250g	344-1318	
No Egg egg replacer	200g	303-3933	
Outback Animal Biscuits Chocolate	175g	339-6082	
Outback Animal Bisc Mini Multipack Choc	175g	339-6108	
Outback Animal Bisc Mini Multipack Vanilla	175g	344-1326	
Outback Animal Biscuits Vanilla	175g	339-6090	
Pancake Mix Apple and Cinnamon	375g	288-1431	
Pancake mix Buckwheat	375g	288-1423	
Rice and Corn Corkscrews	500g	303-4006	
Rice and Corn Penne	250g	288-1381	
Rice and Corn Risoni (Pilaf)	200g	347-4822	
Rice&Corn Shells Gden Herb&Spinach	250g	303-3990	
Rice and Corn Tortelli Value Pack	500g	336-7174	
Rice and Corn Veg Animal Shapes	200g	336-6069	
Rice and Corn Veg Corkscrews	250g	303-4006	
Rotondo Biscuits	150g	351-3439	
Shortbread Hearts	150g	351-3512	
Soup Garden Vegetable	2x12g	336-6051	
Soup Tomato for Cup	2x18g	339-6058	
Tinned Pasta Spirals in Tomato sauce	220g	347-4814	
Tinned Spaghetti	220g	288-1340	
Tinned Spaghetti Alternative Grain	420g	344-1334	
Vegetable Rice Penne	250g	344-1342	
Vegetable Rice Spirals	250g	273-4788	
Wild Raspberry Flavoured Fruit Filled Bars	175g	344-1292	

